

SCHEDULE YOUR WELL-WOMAN VISIT TODAY!

Annual Well-Woman EXAMINATION

Top reasons why you should have an annual well-woman examination



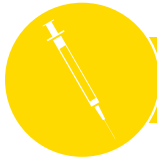
Birth Control

Learn about choosing the right birth control method for you. Some examples include the birth control pill, intrauterine device (IUD), patch, condom, or implant.



Cancer Screening

Learn more about breast cancer, colon cancer, or other types of cancer.



Vaccinations

Get vaccinations against the flu, human papillomavirus (HPV), and more.



Health Screening

Get screened for high blood pressure, diabetes, bone density for osteoporosis, and more.



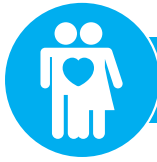
Depression Screening

Depression is a common but serious illness. Depression can be mild, moderate, or severe. To diagnose depression, your obstetrician–gynecologist or other health care provider will discuss your symptoms, how often they occur, and how severe they are.



Sexually Transmitted Infections Screening

Sexually transmitted infections (STIs), such as chlamydia, gonorrhea, and genital herpes, are infections that are spread by sexual contact.



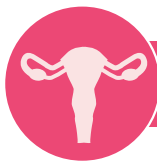
Concerns About Sex

Discuss what happens during intercourse, pain during sex, hormonal changes that change interest or response to sex, or different forms of sex.



Weight Control

Learn about body mass index (BMI), exercise, obesity, diet, surgery, and health problems associated with being overweight.



Issues With Your Menstrual Period

Discuss premenstrual syndrome (PMS), painful periods, your first period, heavy bleeding, or irregular periods.



Preconception Counseling

If you are planning to become pregnant, it is a good idea to have preconception counseling. Your obstetrician–gynecologist or health care provider will ask about your diet and lifestyle, your medical and family history, medications you take, and any past pregnancies.



Other Reasons

Get help with menopause symptoms, urinary incontinence, getting pregnant, or relationship problems.

